

## Neighbourhood Support Waimea Inc

May 2020 Newsletter



Hello Everyone,

Well, how have you coped in your bubble? I thought I was going to have lots of spare time on my hands, but somehow that did not work out. I did achieve some of the projects I had planned, but there are others still looking at me begging for attention! When there is pretty much unlimited time available and deadlines are pushed back, the tasks take much longer. Or is that just me?

The current pandemic has been likened to war this past month as we commemorated the wars and the service of our military over the years. Our household stood outside our front door looking over the street at 6am and played the National Radio observance with the Last Post and Reveille. It was quite haunting hearing others playing the same programme up our street and it made me proud that so many stood at dawn to remember our service men and women.

The Covid-19 emergency has disrupted the deadlines Neighbourhood Support was previously working to so that the major one, of rolling out the Gets Ready Database was brought forward. This meant that staff and volunteers put in a lot of extra hours to get it implemented. Now, if you have not already done so, please check that your details have been entered correctly. You are welcome to invite your friends and neighbours living locally to join Neighbourhood Support by adding their name to the database. Just go to <https://topofthesouth.getsready.net/> and fill in your details. Then in an emergency you can be contacted quickly with updates and instructions.

### **Coordinator's Column**



Thank you to all who have made the move to using Gets Ready database, which is replacing our old database. You will be able to update your information and the information of others in your street group, if members in your street group have access to a computer and want to update their own

information they can do this by selecting “lost password” when logging in, and creating a new one. If you would like to join as an individual member you can do so by following this link <https://topofthesouth.getready.net/report/view/organisation-list>

Over the next few weeks, we will be entering into the recovery phase of lock-down and I will be funneling out information that comes through to us with regards to Civil Defence, Neighbourhood Support NZ and other Social Welfare organisations. I will be as concise as possible and only send out what I feel is necessary so to avoid filling up your inboxes!

You are now able to deliver letters to your Neighbours during level 3. I will be sending out flyers and new member packs to those who have requested them over the lock-down period. Please get in touch with me via email [nsupport.waimea@outlook.com](mailto:nsupport.waimea@outlook.com) if you would like for me to send some resources your way!

I am available to assist you over the phone on Wednesdays so please get in touch if you need a hand navigating the new database. It can be explained simply over the phone and I am more than happy to help. I also aim to provide training for Street Contacts once it is safe to do so.

There are a few streets without a street contact person. I will be in touch with some of the members in those streets to help reactivate them and get them reconnected with us. I also hope to send out a test email through Gets Ready, so expect one of those to come through in the next couple of weeks, I will be doing this to ensure the system is working and that there are no incorrect emails. If you receive a Gets Ready test email and you are no longer a Street Contact then please get in touch with me so that I can update your details .

Hope you are all staying safe and well!

Kind regards,

Aniquah Stevenson

Coordinator

PLEASE NOTE THAT FOR THE DURATION OF THE LOCKDOWN, COORDINATOR ANIQUAH STEVENSON WILL WORK FROM HOME. HER WORKDAY FOR WAIMEA IS WEDNESDAY.



Nelson Alarms has a 25+ year track record and are the leading security installation company in the Top of the South Region...

**Nelson Alarms**

[www.nelsonalarms.co.nz](http://www.nelsonalarms.co.nz)

Peter & Adrian Laing



*~ Working Together For Better Business ~*

Specialising in providing accounting & tax return services to small business operators, including the rural & forestry sector, rentals & investors.

Angela Hosie Accountancy Ltd, 29a Oxford St, Richmond, Nelson  
PO Box 3662, Richmond, 7050

**P** 03 541 0510

**C** 027 2525 909

**E** angelahosie@xtra.co.nz

## Theme of the Month

**May** - Supporting Our Young - Engaging and supporting youth to empower them to be the change-makers of tomorrow.

One of the outcomes of the pandemic has been the closure of schools and tertiary institutions causing a lot of disruption to studies – not to mention socialising.

“Being a teenager is a roller coaster. Sometimes life’s fantastic, there’s so much to look forward to and the future looks bright. The next moment it all comes crashing down and it seems like nothing’s going right. Parents, teachers, doctors and other adults often say that these ups and downs are “just part of growing up.”

Because it’s a time of many changes and challenges, it’s really important to keep a check on our mental health during this time.”

Go to this website <https://www.cph.co.nz/your-health/youth-mental-health/> to find a selection of guidance sheets on how you can support your youth through the minefield of adolescence.

## Youthline

0800 37 66 33

Free text to 234

## Children’s well-being is connected to your well-being

“Helping children and young people cope with the changes caused by the COVID-19 (Coronavirus) means providing accurate information, discussing facts without causing undue alarm, and re-establishing routines.

You are an important role model for children and young people. Staying calm and enabling time and space to be together with children will help them adjust to this “new normal”.

Children and young people look to adults for guidance on how to react to stressful events. If parents or teachers seem overly worried, children’s and young people’s anxiety may rise. Parents and teachers can reassure children and young people that everyone is working together, from the Prime Minister down, to help people throughout the country stay healthy and to limit the spread of this virus.”

Read the rest of this article at <https://education.govt.nz/school/health-safety-and-wellbeing/pastoral-care-and-wellbeing/talking-to-children-about-covid-19-coronavirus/>

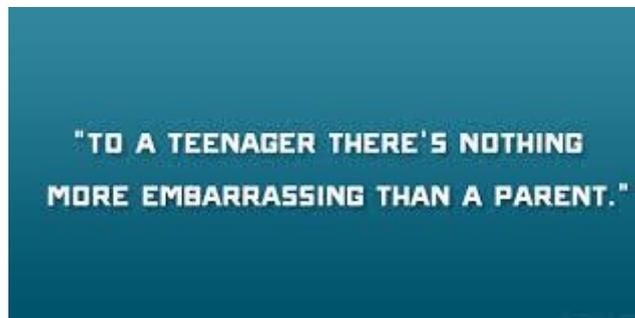
### **Kids Driving You Crazy During this Covid-19 Crisis?**

Click here

([https://drive.google.com/file/d/1rheQWpRaLZOkrVJ9igrVijp8Qa6co1RW/view?fbclid=IwAR2YbfMjzDFOQaIV\\_Cyj88uxN9XGn\\_dL2E9dv0Rec3OfvpIXanQ1xo7Rvg](https://drive.google.com/file/d/1rheQWpRaLZOkrVJ9igrVijp8Qa6co1RW/view?fbclid=IwAR2YbfMjzDFOQaIV_Cyj88uxN9XGn_dL2E9dv0Rec3OfvpIXanQ1xo7Rvg))

to see a useful resource.

### **Just for a Laugh...**



### **GoodSAM app**

“The GoodSAM app alerts CPR trained members of the public to nearby cardiac arrests, allowing them to help before emergency services arrive.

Operating Internationally, GoodSAM (Smartphone Activated Medics) incorporates the world's most advanced emergency alerting and dispatching platform with a community of over 40,000 responders. Both trained health professionals and members of the public with some CPR practice are able to use the app and be available to help others in the community when required. We strongly encourage New Zealanders to download GoodSAM, and to encourage others to do so as well.

The GoodSAM Cardiac system integrates with ambulance service CAD (computer aided dispatch) systems to trigger bystander response while the ambulance service is on route.

GoodSAMPro provides a Community First Responder (CFR) dispatch system dispatching advanced care beyond cardiac arrest.

Visit the [St John NZ website](#) for detailed info on how to download the app, and more information about it."

NZ Resuscitation Council

[https://www.nzrc.org.nz/?utm\\_medium=email&utm\\_campaign=COVID-19%20Weekly%20Update%209%20April%202020&utm\\_content=COVID-19%20Weekly%20Update%209%20April%202020+CID\\_2a901b4baa6c4326837d714e2ef10f11&utm\\_source=Email%20marketing%20software&utm\\_term=wwwnzrcorgnz](https://www.nzrc.org.nz/?utm_medium=email&utm_campaign=COVID-19%20Weekly%20Update%209%20April%202020&utm_content=COVID-19%20Weekly%20Update%209%20April%202020+CID_2a901b4baa6c4326837d714e2ef10f11&utm_source=Email%20marketing%20software&utm_term=wwwnzrcorgnz)

### **Survey Request From the TDC**

The TDC is trying to find out if there were any good neighbourhood outcomes from the lockdown and what if any, people would like to see continue. This is summarised in the blurb below:

*"COVID-19 has changed how we see our communities and use our streets. The New Zealand lockdown has shown that lower levels of air pollution, more people using active transport, greater social cohesion and less people dying on our roads are all achievable goals. The lockdown has also challenged the idea that streets are designed for vehicles. We noticed that a number of our communities have seen their streets in a different light and transformed them into hubs of interaction, recreation, art and play, extending their community space beyond the footpath. As we have walked, ridden and accessed those areas normally reserved for cars has it provided us with the impetus to review how we plan these areas?"*

*Take part in this 5 min, survey and tell us how the lockdown has changed your perception of streets and how you want them to look like when the COVID-19 restrictions are lifted."*

Can you please take the survey (linked below) and pass it on to your network, neighbours, colleagues, friends, or anyone that lives within Nelson/Tasman urban areas.

<https://bit.ly/2KKM6zF>

Please note: This is a survey has been organised by Tasman District Council, but provision has been made for Nelson residents, and will pass the information onto Nelson City Council when the survey is complete.

### **Committee Matters**

The last committee meeting took place using Zoom on Monday 4 May. The committee reviewed progress towards amalgamation with the Nelson and Marlborough groups to become the new Top of the South Neighbourhood Support Trust.

**Simplicity  
Funerals**  
Simply respectful. Simply affordable.

**Why Choose Us?**

Simple really... we excel in honouring, celebrating  
and memorialising your loved one together.

NO ADDITIONAL MILEAGE FEES – PREPLANNING  
AND PREPAYING FUNERAL OPTIONS – MEMORIAL WORK



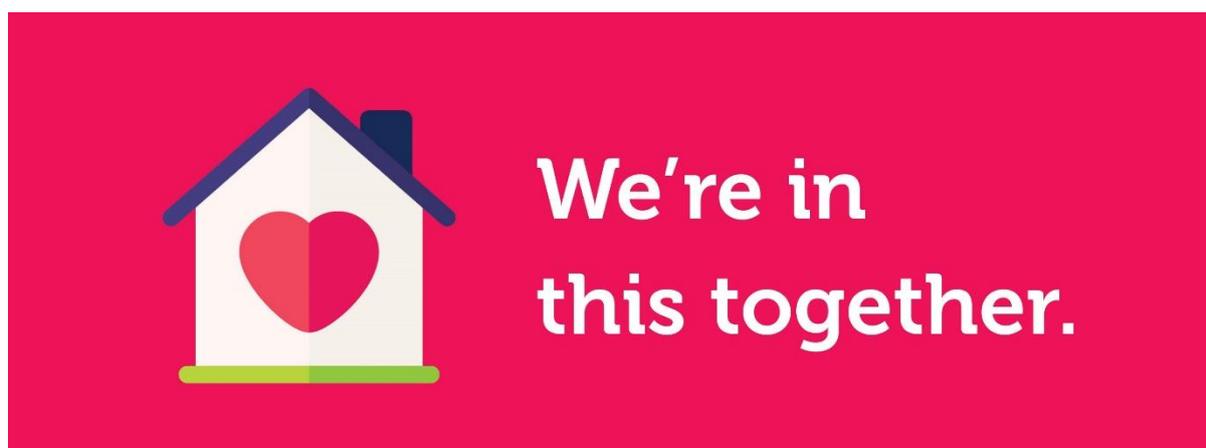
**ANNA LOACH**  
Manager & Funeral Director

**ANDREA BABINGTON**  
Funeral Director

**JEFF WRIGHT**  
Funeral Director

**NELSON & TASMAN WIDE,  
WE'RE PART OF YOUR COMMUNITY**

69 Haven Road, Nelson | Phone 03 539 0066  
[www.simplicity.co.nz](http://www.simplicity.co.nz)



## Good Neighbour Nomination

“Our amazing Neighbours Susan & Richard are the best we’ve ever come across. Being an elderly couple it’s like having our own grandparents next door. They are always checking in on us, gifting us beautiful fresh Veges from their garden and being all round amazing to our 2 little kids. Always happy to help us and all their fellow neighbours with anything they can! Truly one of a kind & we won’t be moving anytime soon because of them!”

Submitted by Sarah Goodfellow of Brightwater to Neighbourhood Support NZ

If you have any good neighbour stories to recount, we'd love to hear about them.



### Closing Comments

Life has changed and will present hardships for many in the months ahead. Although we are coping with inconsequential hardships like needing a haircut, spare a thought for the hairdressers who are unable to work at this time. Their businesses are at risk as are those of many others affecting; not just the owners but their staff as well. So please spare a thought and offer a gesture of kindness for anyone adversely affected.

Please take care, keep up to date with Health Department guidelines, WASH YOUR HANDS OFTEN and keep your physical distance.

Glenys Della Bosca

### Editor



Please support our sponsors, community partners and supporters: -

